

Call Us For Help

If you know a child that is struggling with mental health or behavioral issues, call us at 1-800-634-2560.

OUR MISSION

We strengthen families and transform lives.



Strengthening Families - Transforming Lives

www.FSNWPA.org



Strengthening Families · Transforming Lives

Office Locations

Erie County Office

5100 Peach Street Erie, Pennsylvania 16509 Phone: 814.866.4500 Fax: 814.864.2677

Downtown Erie Office

240 West 11th Street, Suite 402 Erie, Pennsylvania 16501 Phone: 814.871.0903

Crawford County Office

18360 Technology Drive, Suite 200 Meadville, Pennsylvania 16335 Phone: 814.724.4800 Fax: 814.724.5181

Mercer County Office

7 West State Street, Suite 208 Sharon, Pennsylvania 16146 Phone: 724.704.7227 Fax: 724.704.7224

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FAMILY BEHAVIOR THERAPY



Providing Services in:

Erie, Crawford, & Mercer Counties



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FAMILY BEHAVIOR THERAPY

at Family Services of NW PA

Family Behavior Therapy

Family Behavior Therapy (FBT) is an evidencebased program that helps treat substance abuse, conduct disorders, mood disorders, family dysfunction, and other problem behaviors. FBT treats parents/caregivers and adolescents struggling with substance abuse.

The program aims to assist individuals and their families in maintaining long-term abstinence from substance abuse and encourage individuals to accomplish goals that are consistent with a drug-free, healthy, and prosperous life.

FBT addresses many family concerns, including:

- Behavioral problems
- · Mood disorders
- Family dysfunction
- · Poor communication
- Anger concerns
- Truancy
- Unemployment
- Home safety concerns

Family Behavior Therapy is available in Crawford, Mercer, and Erie Counties.

What To Expect:

- Sessions take place weekly in the family's home 2-4 hours per week
- The average length of service for families enrolled in FBT is 4-6 months.
- Sessions are selected and implemented according to the needs of each family.

Interventions Include:

- Program orientation
- · Behavioral goals and rewards
- Intervention planning
- · Communication skills
- Family reciprocity awareness
- Financial management
- Environmental control
- · Child management skills

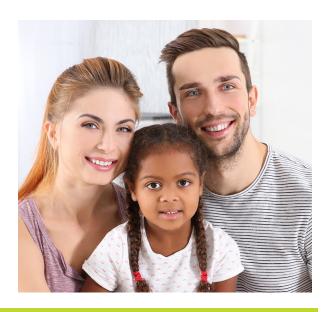
Now Available in Erie County!

Referral Process:

FBT is available to parents/caregivers and adolescents who are struggling with substance abuse and other behaviors related to substance abuse.

Referrals to Family Behavior Therapy can be made by:

- Crawford County Children & Youth (CYS)
- Crawford County Juvenile Probation (JPO)
- Erie County Children & Youth (OCY)
- Mercer County Children & Youth (CYS)



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