



Call Us For Help

If you know a child that is struggling with mental health or behavioral issues, call us at 1-800-634-2560.

OUR MISSION

We strengthen families and transform lives.



Strengthening Families · Transforming Lives

www.FSNWPA.org



Office Locations

Erie County Office

5100 Peach Street
Erie, Pennsylvania 16509
Phone: 814.866.4500
Fax: 814.864.2677

Downtown Erie Office

240 West 11th Street, Suite 402
Erie, Pennsylvania 16501
Phone: 814.871.0903

Crawford County Office

18360 Technology Drive, Suite 200
Meadville, Pennsylvania 16335
Phone: 814.724.4800
Fax: 814.724.5181

Mercer County Office

7 West State Street, Suite 208
Sharon, Pennsylvania 16146
Phone: 724.704.7227
Fax: 724.704.7224

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FAMILY BEHAVIOR THERAPY



Providing Services in:

Erie, Crawford, & Mercer Counties



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FAMILY BEHAVIOR THERAPY

at Family Services of NW PA

Family Behavior Therapy

Family Behavior Therapy (FBT) is an evidence-based program that helps treat substance abuse, conduct disorders, mood disorders, family dysfunction, and other problem behaviors. FBT treats parents/caregivers and adolescents struggling with substance abuse.

The program aims to assist individuals and their families in maintaining long-term abstinence from substance abuse and encourage individuals to accomplish goals that are consistent with a drug-free, healthy, and prosperous life.

FBT addresses many family concerns, including:

- Behavioral problems
- Mood disorders
- Family dysfunction
- Poor communication
- Anger concerns
- Truancy
- Unemployment
- Home safety concerns

Family Behavior Therapy is available in Crawford, Mercer, and Erie Counties.

What To Expect:

- Sessions take place weekly in the family's home 2-4 hours per week
- The average length of service for families enrolled in FBT is 4-6 months.
- Sessions are selected and implemented according to the needs of each family.

Interventions Include:

- Program orientation
- Behavioral goals and rewards
- Intervention planning
- Communication skills
- Family reciprocity awareness
- Financial management
- Environmental control
- Child management skills

Family Behavior Therapy is
**Now Available in
Erie County!**

Referral Process:

FBT is available to parents/caregivers and adolescents who are struggling with substance abuse and other behaviors related to substance abuse.

Referrals to Family Behavior Therapy can be made by:

- Crawford County Children & Youth (CYS)
- Crawford County Juvenile Probation (JPO)
- Erie County Children & Youth (OCY)
- Mercer County Children & Youth (CYS)



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