



Call Us For Help

If you know a child that has been the victim of sexual abuse and needs help coping, call us at 1-800-634-2560.

OUR MISSION

We strengthen families and transform lives.



Strengthening Families · Transforming Lives

www.FSNWPA.org



Office Locations

Erie County Office

5100 Peach Street
Erie, Pennsylvania 16509
Phone: 814.866.4500
Fax: 814.864.2677

Downtown Erie Office

240 West 11th Street, Suite 402
Erie, Pennsylvania 16501
Phone: 814.871.0903

Crawford County Office

18360 Technology Drive, Suite 200
Meadville, Pennsylvania 16335
Phone: 814.724.4800
Fax: 814.724.5181

Mercer County Office

7 West State Street, Suite 208
Sharon, Pennsylvania 16146
Phone: 724.704.7227
Fax: 724.704.7224

We are a member of



Contributions to Family Services of NW PA are Tax Deductible.

FAMILY BASED MENTAL HEALTH / SPECIALIZED FBMH



Providing Services in:

Crawford, Mercer & Venango Counties



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FAMILY BASED MENTAL HEALTH/SPECIALIZED FBMH

at Family Services of NW PA

Family Based Mental Health:

Family Based Mental Health (FBMH) is an intensive in-home family therapy program that helps parents and/or caregivers care for their children who have serious emotional and behavioral disturbance (SED), who are at risk of placement out of the home.

The program provides a team of professionally trained co-therapists whose goal is to enable children to remain in their homes, schools, and communities by preventing hospitalization or out-of-home placement. FBMH is offered in Crawford and Venango Counties.

Specialized FBMH:

Specialized Family Based Mental Health (SFBMH) provides treatment for those children/adolescents who are the victims of sexual abuse or are acting out sexually in an inappropriate manner.

SFBMH is offered in Crawford, Mercer and Venango Counties.

What To Expect:

- Voluntary 8 month program
- Intensive in-home family treatment (3-5 contacts per week)
- 24/7 crisis on-call availability
- Eco-Systemic Structural Family Therapy - working with the adult caregivers
- Goals of stability in the home and creating healthy relationships
- SFBMH further provides assessment on the impact of sexual victimization or sexual behaviors on psycho-sexual functionality, self-esteem, and emotional well-being.
- Trauma-informed techniques focus on psycho education, emotional regulation, and processing of the sexual abuse.
- Mindfulness-based approach available.

Eligibility Requirements:

FBMH/SFBMH serves adolescents ages 0-21 who:

- Have a mental health diagnosis and are at risk of hospitalization, out-of-home placement or returning to the home from hospitalization or placement
- At least one adult caregiver must give consent to participate in treatment.
- A psychiatrist or Licensed Psychologist must certify that FBMH/SFBMH services are medically necessary.

Referrals:

Referrals can be made by:

- Completing the referral packet (VBH Best Practice Prescription Letter and Pre-Certification Form) with a psychiatrist or Licensed Psychologist signature certifying FBMH is medically necessary.
- Calling Family Services of NW PA in Crawford County at **814-724-4800**

Program Outcomes:

- 94% of clients in Crawford County remained in the home and out of the hospital
- 95% of clients in Mercer and Venango Counties remained in the home and out of the hospital
- 96% of families would recommend FBMH services to other families.

