



Family of NWPA Services

Strengthening Families · **Transforming Lives**



PROGRAM GUIDE
ERIE COUNTY OFFICE

Outpatient Clinic

- Counseling provided by master level, licensed clinicians.
- Child psychiatric services and medication management.
- Private insurance and Medical Assistance accepted.

Individual, Family and Couples Counseling

Helps with relationship concerns, parenting challenges, adjustment issues, depression, anxiety, and anger management.

- Improve partner, professional, family, and personal relationships.
- Recover from trauma and loss.
- Adjust to life challenges and major transitions.

Trauma-Focused Cognitive Behavioral Therapy

Evidence-Based treatment intervention program that helps children ages 4 to 18 years old and their caregivers overcome the negative effects of traumatic life events, such as:

- Loss of a loved one
- Accidents, disasters or fires
- Domestic/community violence
- Bullying
- Physical, sexual, or emotional abuse
- Life threatening illness or injury

Children and caregivers will learn:

- Methods to manage common reactions, painful feelings, thoughts & behaviors.
- Skills to enhance family communication and interaction.
- Effective strategies to heal.

Additional satellite locations include:

- Pfeiffer-Burleigh Elementary School
- McKinley Elementary School
- Robert Benjamin Wiley Charter School
- Union City Area Elementary School
- Union City Area Middle/High School

To make a referral, call 814.866.4500.

In-Home Behavioral Health Services

Family Based Mental Health (FBMH) and Specialized FBMH

Intensive in-home therapy, case management and crisis intervention to help parents with children who are seriously mentally ill or emotionally disturbed. Specialized FBMH helps parents care for their children who have been victims of sexual abuse or demonstrate sexually reactive behaviors.

Youth ages 0-21 who are involved with the Mental Health system and are at risk of hospitalization or placement due to mental health symptoms can be referred. Youth who have experienced sexual abuse, or are exhibiting sexually reactive behavior, should be referred to Specialized FBMH.

Therapists and caseworkers are on call 24/7 and families typically receive 3-5 sessions per week.

Functional Family Therapy

Evidence-based program that helps families with at-risk youth change problem family and relational patterns. The program aims to prevent hospitalization or placement outside the home, reduce family conflict, improve family communication, and reduce delinquent behavior.

Youth ages 10-18 who exhibit delinquent behavior can be referred. Enrolled families typically receive 1-2 sessions per week.

Multisystemic Therapy (MST) and MST for Problem Sexual Behavior

MST utilizes intensive in-home therapy to help youth decrease and prevent anti-social and delinquent behaviors. MST-PSB helps youth ages 10-17 years old to decrease sexually offending behaviors. Both are evidence-based programs.

Youth ages 12-17 exhibiting severe antisocial behavior can be referred to MST. Youth experiencing sexually acting out behavior should be referred to MST-PSB. Therapists are on-call 24/7 and families typically receive 2-3 sessions per week.

Child Welfare Services

Family Group Decision Making and Family Team Meetings

Invites families and others to come together as the best people to plan and make decisions for family members. Referrals for these programs must come from Erie County OCY and Juvenile Probation.

Family Preservation Services

Strengthens the families of children at risk of placement by improving family functioning and preventing unnecessary placement or hospitalization of children. Youth ages 0-21 who are involved with Erie County OCY can be referred. Counselors are on-call 24/7 and families typically receive 2-5 sessions per week.

Independent Living Program

Helps youth ages 14-21 years old who are in out-of-home placement make the transition to become independent, self-sufficient and productive adults. Youth involved with Erie County OCY or Juvenile Probation are referred exclusively by OCY.

North Star Mentoring helps youth make permanent connections with positive adult role models.

Permanency Services

Include a variety of child placement services for both children and families, including adoption searches, child profiles, child preparation, home studies, and post permanency services.

Foster care services include family recruitment, training and licensing, and supervision of foster placements.

Kinship services are available to facilitate placement of children in the custody of Erie County OCY into the home of a relative or other significant adult.

Family Reunification

Helps families that have had children removed from the home achieve safe reunification. Services include assessment, case management, parenting, skill-building, and visitation support. Immediately following placement, referrals can be made by Erie County OCY for children ages 0-18 years, with priority given to children ages 0-5.

School-Based Services

Behavioral Support Services at Erie's Public Schools

Support service that assists students in Erie's Public Schools with eliminating or replacing distracting behaviors and supports students in becoming more academically successful.

Community Schools Lead Partner at Pfeiffer-Burleigh Elementary

United Way of Erie County's Community Schools county-wide initiative brings resources into schools to help children and families with what they need most. Family Services of NW serves as lead partner at Pfeiffer-Burleigh, a community school, alongside corporate partner Erie Insurance.

Student Attendance Improvement Program

The goal of the Student Attendance Improvement Program, funded by the United Way of Erie County, is to increase school attendance and academic performance, along with improving well-being and strength of the family, school and community. This program is currently offered at Pfeiffer Burleigh and McKinley elementary schools as part of the United Ways Community Schools Initiative.

Contact Information

814.866-4500

800.634.2560

Fax: 814.864.2677

www.FSNWPA.org





Today's families face pressures and threats from countless sources.
We're here to help.

Family Services of NW PA is a leading nonprofit service provider across Northwest Pennsylvania. We offer a comprehensive continuum of care and high quality, innovative programs and services designed to strengthen the lives of children and families.

Mentoring, Support & Education Services

Children Cope With Custody, Divorce and/or Visitation

Court-mandated parent seminar designed to help minimize the negative impact of divorce and changes in custody or visitation on children.

Big Brothers Big Sisters of Family Services of NW PA

Mentoring program that helps children realize their potential and build their futures by creating and supporting one-to-one mentoring relationships that ignite the power and promise of youth.

To learn more, call 814.866.4566



Office Locations:

ERIE COUNTY OFFICE

5100 Peach Street
Erie, Pennsylvania 16509
Phone: 814.866.4500
Fax: 814.864.2677

DOWNTOWN ERIE OFFICE

240 West 11th Street, Suite 402
Erie, Pennsylvania 16501
Phone: 814.871.0903

CRAWFORD COUNTY OFFICE

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Sharon, Pennsylvania 16146
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Fax: 724.704.7224

OUR MISSION

We strengthen families and transform lives.

