



Call Us For Help

If you know a child that is struggling with mental health or behavioral issues, call us at 1-800-634-2560.

OUR MISSION

We strengthen families and transform lives.



Strengthening Families · Transforming Lives

www.FSNWPA.org



Office Locations

Erie County Office

5100 Peach Street
Erie, Pennsylvania 16509
Phone: 814.866.4500
Fax: 814.864.2677

Downtown Erie Office

240 West 11th Street, Suite 402
Erie, Pennsylvania 16501
Phone: 814.871.0903

Crawford County Office

18360 Technology Drive, Suite 200
Meadville, Pennsylvania 16335
Phone: 814.724.4800
Fax: 814.724.5181

Mercer County Office

7 West State Street, Suite 208
Sharon, Pennsylvania 16146
Phone: 724.704.7227
Fax: 724.704.7224

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CHILDREN COPE WITH DIVORCE, CUSTODY AND/OR VISITATION



Erie County 814.866.4500



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CHILDREN COPE WITH DIVORCE, CUSTODY, AND/OR VISITATION

at Family Services of NW PA

Helping Your Children Cope With Divorce, Custody, and/or Visitation is a four-hour parent/caregiver training that provides information about helping children adjust to the changes associated with the divorce or separation of their parents and other family transitions.

Divorce and other family transitions can often be painful for the entire family. Children are often caught in the middle of their parents' uncoupling and, as a result, they can feel powerless, rejected, humiliated, or unloved.

This is a time when family roles are redefined. Even though they are no longer a couple, parents must find ways to continue their roles as a mother and a father to their children.

The Parent Seminar:

This parent seminar is designed to help minimize the negative impact of divorce, custody issues, or other family transitions on children.

Topics include the divorce process, emotional reactions, co-parenting strategies, and guidelines for helping children adjust.

Pre-Registration:

You must pre-register for the class even if you have already been given a class date.

Classes are now being held online. To register and pay online, visit www.FSNWPA.org and click the Events button in the top right corner. Upon registration, you will receive an email with all class materials and a link to access the seminar.

To pay check or money order, complete and mail the registration form, along with your payment of **\$65.00 per person**, to Family Services of NW PA, 5100 Peach Street, Erie, PA 16509.

PLEASE DO NOT SEND CASH. Checks and money orders should be made payable to Family Services of NW PA. Participants paying by check will not be issued Verification of Attendance until the check has cleared the financial institution.

After completing the requirements of the class, a certificate will be presented to you, and your attendance will be confirmed with the Court.

Everyone attending the online class must be registered and pay the class fee.

Did You Know?

- More than one million children are affected by divorce or family separations each year.
- 70% of uncoupling parents fail to build a cooperative relationship, which is so crucial to their children.
- Children of uncoupling parents are two to three times as likely to suffer emotional or behavioral problems.

Program Outcomes:

Participating parents completed a survey at the end of each class. Recent participants indicated:

- **92%** felt their knowledge about families and the ending of a relationship was increased.
- **97%** would recommend the seminar to others and reported they will change their behavior as a result of what they learned.
- **98%** found the seminar to be helpful.

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