

FAMILY SERVICES POSITION DESCRIPTION

Position Title: Therapist – Family Based Mental Health/Specialized Family Based Mental Health for Sexually Abused Children and Adolescents

Employee:

Reports To: Director / Supervisor of Family Based Mental Health/Specialized Family Based Mental Health for Sexually Abused Children and Adolescents

Summary

Family Services' positions require employees to maintain certain skills and characteristics to perform job tasks successfully. These characteristics include the flexibility to work independently and in a team environment, as well as willingness to do whatever it takes to get the job done while maintaining the highest level of professional integrity. This means maintaining confidentiality and following workplace policies and procedures, supervisory directives, and even changing work assignments if deemed necessary by management. Effective time management skills are essential to performing multi-task functions in an efficient manner. The ability to communicate effectively both in oral and written form is vital. This facilitates collaboration with clients and a range of other stakeholders. Effective written communication skills also result in meeting the documentation requirements of various funding sources. Additionally, Family Services stresses ongoing learning and professional development as well as openness to supervisory feedback.

This position requires the ability to respond to various differences among the agency's clientele and staff, including but not limited to economic, ethnic, religious, sex, age, and disability status. Workers should be sensitive to any and all differences. Employee must possess a capacity for appropriate assertiveness skills, as well as good relationship skills which allow for dealing with staff/clients under stress.

Position requires a commitment to Family Services' mission to strengthen families as the ideal nurturing environment for people, empowering individual members to grow. Employee acts in accordance with the Social Work Code of Ethics. Position requires the ability to complete independent decisions and judgments regarding client needs and agency services such that proper direction is taken according to agency policy and both the client and agency benefit from decision making.

Functions as a lead therapist, providing direct social services to assigned caseload, coordinates case effects with funding source and related agencies. Considerable day

and evening driving to County areas is required. Worker is required to have a valid driver's license, and access to reliable transportation is essential. Worker is required to visit client's homes on a regular basis. Worker should be able to effectively manage self in crisis situations (violence, physical aggression, etc.) Worker must be willing to carry a beeper. Position requires videotaping sessions. Workers attend a three (3) year model curriculum provided by the Philadelphia Child and Family Therapy Training Center aimed at developing the necessary knowledge base of Pennsylvania's Family Based Mental Health program. In addition, worker's will attend training and consultation to address sexual trauma specific treatment issues including sexual victimization treatment and the development of skills to address sexually reactive behavior, safety planning and crisis intervention.

Examples of Tasks Performed and Work Assigned

1. Establish professional helping relationships with clients; provide clinical leadership for Family Based Mental Health Team.
2. Provide an intake, assessment and closure activity that assists and uses the family's input in the development of individualized service/treatment plans.
3. Conduct in-home and community based family and individual therapy sessions requiring travel throughout the County.
4. Provide 24-hour on-call crisis service availability to assigned caseload on a rotating basis.
5. Maintain collateral relationships with other stakeholders and knowledge of community resources.
6. Advocates for client and/or stimulates client to act on his/her own behalf.
7. Market agency services to referral sources and general community.
8. Maintains case records per agency policy, as well as data needed for program accountability and billing of client services, in a timely manner.
9. Participates in individual, peer and overall agency supervisory and staff development activities required by the program.
10. Interacts with primary, external and internal customers of the agency in such a manner that the customer experiences increasing quality; participates as a member of a Quality Team.
11. Performs other duties as assigned.

Required Education/Experience

Masters degree in Social Sciences, plus two (2) years post-Master's experience. Worker must have knowledge and understanding of family systems therapy and developmental life cycles.

Employee Signature

Supervisors Signature

Date

Date

Revised: April 2017