

# HELPING YOUR CHILDREN COPE WITH DIVORCE, CUSTODY AND/OR VISITATION



**Erie County**  
**814.866.4500**



Strengthening Families · Transforming Lives

**www.FSNWPA.org**



Strengthening Families · Transforming Lives

## Did You Know?

- More than one million children are affected by divorce or family separations each year.
- 70% of uncoupling parents fail to build a cooperative relationship, which is so crucial to their children.
- Children of uncoupling parents are two to three times as likely to suffer emotional or behavioral problems.

## Program Outcomes:

Participating parents completed a survey at the end of each class. Recent participants indicated:

- **90%** felt their knowledge about families and the ending of a relationship was increased.
- **95%** would recommend the seminar to others and reported they will change their behavior as a result of what they learned.
- **97%** found the seminar to be helpful.

## Attendance is Mandatory

All sessions are held at Family Services of NW PA, 5100 Peach Street, West Entrance, Second Floor

We are a member of



Contributions to Family Services of NW PA are Tax Deductible.

## Registration for "Helping Your Children Cope With Divorce" Seminar

You must complete this form even if you have already been given a class date.

### PAYMENT INFORMATION

Participation Fee: \$50.00 Per Person (Payable to: Family Services of NW PA - PLEASE DO NOT SEND CASH)

- Check or money order enclosed in the amount of \_\_\_\_\_
- Participants paying by check will not be issued Verification of Attendance until the check has cleared the financial institution
- Fee waived (please attach a copy of your IFP waiver)

**PLEASE NOTE: Childcare is not provided. Please make other arrangements for your children.**

Return this form, along with payment, to:

Family Services of NW PA  
5100 Peach Street  
Erie, PA 16509

If sending payment in the mail, please send 7-10 days prior to your requested session. If you have any questions or concerns, please contact Family Services of NW PA at 814-866-4500.

**(Please complete reverse side)**

# HELPING YOUR CHILDREN COPE WITH DIVORCE, CUSTODY, AND/OR VISITATION

at Family Services of NW PA

**Helping Your Children Cope With Divorce, Custody, and/or Visitation is a four-hour parent/caregiver training that provides information about helping children adjust to the changes associated with the divorce or separation of their parents and other family transitions.**

Divorce and other family transitions can often be painful for the entire family. Children are often caught in the middle of their parents' uncoupling and, as a result, they can feel powerless, rejected, humiliated, or unloved.

This is a time when family roles are redefined. Even though they are no longer a couple, parents must find ways to continue their roles as a mother and a father to their children.

## The Parent Seminar:

This parent seminar is designed to help minimize the negative impact of divorce, custody issues, or other family transitions on children.

Topics include the divorce process, emotional reactions, co-parenting strategies, and guidelines for helping children adjust.

## Pre-Registration:

You must pre-register for the class even if you have already been given a class date. Complete and mail the attached form, along with your payment of **\$50 per person**, to Family Services of NW PA, 5100 Peach Street, Erie, PA 16509.

PLEASE DO NOT SEND CASH. Checks and money orders should be made payable to Family Services of NW PA. Participants **paying by check will not be issued** Verification of Attendance until the check has cleared the financial institution.

Registration the day of class will begin 30 minutes before class time. **If you are more than 15 minutes late, you will not be able to enter**, and will need to reschedule the missed class.

If you do not attend your scheduled class time, you must reschedule by calling Family Services of NW PA at 814-866-4500. An additional fee of \$5.00 is charged to reschedule a class.

After completing the requirements of the class, a certificate will be presented to you, and your attendance will be confirmed with the Court.

**Children and guests ARE NOT PERMITTED in the classroom. Childcare will not be provided.**

**Everyone attending the class must be registered and pay the class fee.**

## Registration for "Helping Your Children Cope With Divorce" Seminar

You must complete this form even if you have already been given a class date.

### PARTICIPANT INFORMATION (PLEASE PRINT)

Name (as it appears on petition): \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Ext: \_\_\_\_\_

Case File #: \_\_\_\_\_ Class Date Requested: \_\_\_\_\_

I prefer not to attend the same seminar as my co-parent. Please notify me if \_\_\_\_\_ is registered for the same time.

**(Please complete reverse side)**

**OUR MISSION**  
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and transform lives.

